

Nanaimo Quilters Guild Newsletter

Volume 27 Issue 2 October 2010



www.islandquilters.ca



Next Meeting

October 20

Brechin United Church

Doors open at 12:30 and 6:30

Meeting starts at 1:00 and 7:00



From Our President's Pen

I would like to start my contribution to the newsletter by whole-heartedly thanking Barbara Root, Philippa Zapf and Kathy Bush for jumping in and keeping everything running smoothly at our guild meetings. I would also like to take this opportunity to thank all of you who sent me lovely cards of well wishes and beautiful plants which are thriving, and much to Alan's chagrin, the cards are not coming down off the mantle until I beat this thing.

Our New Members Tea is planned for November 25, see page 2 for more information.

Due to a misunderstanding at election time, the three members who volunteered for the June Picnic were only volunteering as helpers. This leaves the Picnic Committee open for a small group of friends to volunteer. Please call Norma Franks at 250-756-9691 if you are interested. Bonnie Dormuth has the binder for the June Picnic Committee. If you are interested, call Bonnie and arrange to get the binder so you can read what the picnic organization entails. Thanks, we cannot miss this great traditional ending to our year, where we can socialize, have fun and gorge on all those delicious entrées and goodies.

Travelers Lodge requested two quilts from us for their fundraiser to build another Travelers Lodge. Judy McLaughlin immediately delivered two quilts to them from our Donation Quilts. I have heard that other members may have also donated quilts. If so, please let the Donations Committee know, for our records.

Last but certainly not least I would like to send our love and best wishes to Marcia Miller for a smooth recovery.

President Norma Franks

Next Executive Meeting

October 15 1:30 p.m.

Country Grocer, Southgate

Newsletter Deadline

October 22 (22nd of each month)

Note: initials are used in the newsletter for those members who do not wish their names to appear on the web. *Editor*

Things to Remember:

- name tag
- **your own cup!!! Please!**
- library books
- completed workshop registration form and fees
- donation placemats/quilts/show & share
- change for raffles
- block of the month (for October)
- money for Challenge Kit(s) (p.
- newsletter
- baking or store bought goodies (if your surname starts with C or E)

Membership/Hospitality

Please stop at the Hospitality table when you arrive, sign in, and pick up your ticket for the name tag draw. **You must be wearing your name tag in order to win the draw.** Please sign out if you leave before the end of the meeting.

Yummy Baking ...

Thanks to everyone who brings goodies for our meetings. **For October, it's the turn of everyone with a surname beginning with C or E.**

Guild Website

If you have something of interest for our Guild website, please send it to Avril Valentine at avrilvalentine@shaw.ca who will forward it to our web master.

Comfort Quilt Society

Notice of the Annual General Meeting to be held at the November 2010 Nanaimo Quilt Guild meeting. This is a requirement of the BC Gaming Commission and will be very short.

Program

Well, September was a great meeting for the program committee. We were signing people up for the mini-demos to be held on October 20. There is still room in many of the classes, so if you didn't get a chance to sign up, do see the program committee at the meeting. There will be lists of the demos and participants on the wall.

There will be a short business meeting before the mini-demos. Come in and sit where you like. Each demo will last for thirty minutes with a coffee break in between.

We also opened registration for ALL of the programs for the rest of the year but registrations will continue throughout the year so please come and see us for sign-ups at the meetings. For those of you who would like to register before the next meeting to make sure that you get a place in the class of your choice, feel free to contact Lise Skalos at 250-754-9636 or liseandjohn@hotmail.com or write to 780 Chelsea Street, Nanaimo V9S 1Y3.

Kathy Bush held her workshops in September, so we look forward to seeing some of those wall hangings at show and tell.

Barbara Shapel is here on October 16 and 17. Both classes are full with some on the waiting lists. Lise will be sending out reminders to everyone who is confirmed in the classes about a week or so before the classes.

Our first workshop of 2011 is on February 12 with Penny Whittaker. She is teaching "Reversible Quilt as you Go". This proved popular at the mini-demos last February. We have 10 people signed up already, but there are quite a few spaces left.

On March 5, Sandra Radley is going to teach "Stack and Whack Kaleidoscope". There are 5 registered so far, so come and join us.

On April 9, Sue Creba and Tracy Irwin will be teaching us how to make a "Super Portfolio" for carrying your quilting equipment. Lots of room still. *continued on page 2*

NQG Box 943 Nanaimo BC V9R 5N2 Editor suecreba@aquariusd.com



Program continued from page 1

On May 14 & 15, Pippa Moore will be here to share a bit of Africa with us again with her "African Collage" class. If you wish a KIT to be made up at a cost of \$35, please let Lise know so that Pippa will have time to assemble them. We only have six spaces left.

In June, we have the privilege of having Coreen Zerr three times. Her first class, on June 4 is "Strip piecing made easy". There are already 13 registered, so only 5 spaces left. On June 5, her "Easy Curves and Embellishment" class has 10.

On June 25, there are 6 already registered for "Paint and Play". Coreen is willing to make COMPLETE KITS for the day for a price of \$50 to save you running around and gathering the components which consist of proper fabric, paint, brushes and everything else needed. Please let Lise know if you wish to have a kit made up for you. *Program Committee: Angela McKenzie, Lise Skalos, Sue Thurmeier, Bonnie Dormuth, Dianne Busch, Sherry Drebnicki, Leslie Millward, Caroll Rumo*

New Members Tea

Hello New Members – this invitation is for YOU!

When: Thursday, November 25, 1 – 4 p.m.

Where: Barb Root's home 10930 Sea Vista Road in Saltair (directions below)

Why: To acquaint our new Guild members with the members of the executive; learn about the things we do, and the activities and advantages membership in the Guild offers.

Who: New members (who have not attended last year's tea), as well as executive members (because YOU are asked to bring the goodies – anything delicious and sweet will do!)

What to wear: Dress is comfy/casual, but PLEASE don your Easter Bonnet, or baseball cap worn backwards/sideways, or cowgirl hat, or any headdress you have!

Barb Root's directions: I live in Saltair, which is between Ladysmith and Chemainus. Driving south past the town of Ladysmith look for the first set of street lights(with Coronation Mall on your right, Dairy Queen, MacDonald's, Petro Can) Make a LEFT hand turn at the lights and travel along the Old Chemainus Highway along the water. You will cross over a small bridge (called Lagoon Bridge) You will then climb uphill. Just as you reach the top, or crest, of the hill - the first road on your LEFT (only) is South Oyster School Road. Make the Left turn. Drive to the bottom of the hill. The last road on your RIGHT is Sea Vista Road. Turn RIGHT onto Sea Vista. I am the third house up from the corner (yes counting the corner house). My house is a white split-level, the address is 10930 Sea Vista Road. Park in the driveway, along the side of the road, or up around the corner past my house.

Hospitality Team: Ingrid Morton, Merle Armour, Gwyn Oaten

Membership

Welcome back to everyone and especially welcome to the 12 brand new members to the guild. As of the September meetings we have 168 members. Once again a very strong showing. If you are a new member, please stop by the membership table for your new card as the temporary card we gave you will be expiring as of this month and you will need a new card with your membership number on to use the facilities of the guild. Many thanks to the hard working membership crew that dove in so faithfully. This could not be done without you. We'll see you all in October.

Tracy and the Membership committee

Placemats

Thank you to those who donated placemats at the September meetings. We want to remind you that placemats for donation are to be 12" x 18" and rectangular in shape. Batting will be available, if needed, at the Placemat Table at both meetings. We are in need of approximately 220 placemats for our Christmas commitments. If you could place a Christmas seasonal design on one side of the mat, that would be great. To date, we have 125 placemats, so your continued support would be appreciated. Thank you.

Lori Skerget, Placemat Committee



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Library News

Thanks to everyone who returned their library materials in September. Just a quick reminder about our how our Guild Library operates:

Afternoon Meeting: The library opens at coffee break and usually stays open for a bit after the afternoon meeting.

Evening Meeting: The library opens between 6:30 and 7:00 p.m. and during coffee break.

Loan Period: 1 month, exceptions are: November materials are due in January, May materials are due in September.

Overdue Materials: \$ 1.00 per item per month

Limit: Due to the number of magazines & books we have in the library, it has not been necessary to set a limit. Just bring them all back.

Renewals: Items may be renewed, if no one has a reserve on the item.

Please make sure all the parts of the materials are together, e.g. Patterns in back of magazines are returned with the corresponding magazine, book, DVDs etc.

Thank you to our new volunteers & returning library "elves" for the great work you do. *The Library Team*

Trips and Retreats

Sisters, Oregon July 7-11, 2011: Our bus is full. If you still want to go, we strongly suggest you put your name on the waitlist. Sometime in the spring, March or April, we will notify all participants of the balance for this trip.

Homewood Retreat November 8-12, 2010: The final payment for this retreat is due at the October guild meeting. If you can't make it, please send a cheque made out to the Nanaimo Quilters' Guild with a friend. Most are owing \$140 (you've already paid a \$50 deposit) plus \$69 (divided equally among all room occupants) for the rooms with private baths. An up-dated retreat info sheet is attached to this newsletter, should you still have a question, please give us a call. *Bonnie Dimitry and Sue Artuso, your Trips and Retreats gals*

Parksville Fifth Annual Christmas Sale

This year the Parksville Quilt House Quilters Guild will be holding their Fifth Annual Christmas Sale at St Stephen's United Church in Qualicum Beach on Saturday, November 27 from 10 a.m. to 4 p.m. Each person/group that signs up for a table or tables will also sign up for a job so that we can share the work. Cost for tables will be \$40 and your space will be dictated by the number of tables that you rent. If you are interested in signing up for a table or have questions about our Christmas Sale, please call Gerrie Green at 248-2144 or e-mail her at huckphin@shaw.ca



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Upcoming Classes:

Story Time Bedrunner - Saturday, October 2/10

Woven Placemats - Wednesday, October 13/10

Splashed - Wednesday, October 20/10



Quilt Bee January 29 9 am - 4 pm

There are still spaces available for our annual Quilt Bee which is being held on the 29th of January at the Oliver Woods Community centre.

If you are unable to attend that day and would still like to make a quilt (or quilts), we will have additional backing fabric and batting in November at the sign-up table. Quilt Bee patterns will be available at the November meeting. You are welcome to use your own favorite pattern also.

Haven House provides a safe shelter for women and their children when they need to escape from violent and abusive situations at home. When the family arrives they find a cheerful quilt on the bed and it is a gift to them when they are ready to leave Haven House.

We will have a POTLUCK lunch on that day. Please bring your favorite dish to share. This is a great day for new Guild members to meet others and have lots of fun. See you at the sign up table. *Mickey Lemmon and Dianne Ross*

CQA Shows and Challenge

Trend Tex Challenge: get your fabric kit by sending in your \$20 **National Juried Show:** 6 categories for quilts made since January 2009 **Quilt Ontario, May 25-28, 2011** in London, Ontario at the beautiful University of Western Ontario campus more info at <http://quiltontario2011.blogspot.com>

Stitches

127 Rainbow Rd
Salt Spring Island
250-537-8985
www.stitchesfibreatsupplies.ca

Registration for fall classes is open:

Mixed media:

Woodland textures - October 23
Shine & Shimmer - October 24

Felting:

Nuno scarf - October 2
Felted Slipper - November 6
Scenes of Nature - November 13

Annual Sale:
November 12 & 13

Donation Quilts

Wow, we received 10 quilts at the September meeting. That was a great sunny summer and we either sewed because of it or in spite of it.

We have our full complement of labels on hand, also a variety of batting plus a few backs left from last year. The last of Fran's materials and books have gone to new homes. Thank you to the evening people who formed a relay to move all the boxes out at the conclusion of the meeting.

Anyone who responds to a request to the Guild for a donation quilt, please see the committee members about the paperwork which is prepared for the Comfort Quilt Society. We know it may be a nuisance but it reflects more clearly the work that our members do for the community and we do appreciate it.

Two members, Anna Donnell and N.L., volunteered to assist the committee in the evening. May we please have one further volunteer for the afternoon. This is so we have an emergency backup person. Thank you.

See you in October. *Judi McLaughlin, Chair, Dierdre Love, L.R., Anna Bonnell and N.L.*

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We now have two ways to shop
at Snip & Stitch - In-Store and Online!

Janome Days are Back!
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Food Bank

The arrangement for Loaves and Fishes Food Bank to pick up our food donations at Brechin Church the morning after our guild meeting went well.

With this new arrangement and the fact that I was not at the guild meeting, I cannot tell you how we did donation wise, but as this is our third year of running this program your generosity has been proved over and over again.

For our new members participation in this program is voluntary. The suggestions for this month are: Canned meats e.g. Chili, Stew, Ham or corned beef or if you shop at a grocery store that makes up bags of groceries and I think charges \$10.00, these are great.

Our thanks for your support of this program *Norma Franks.*

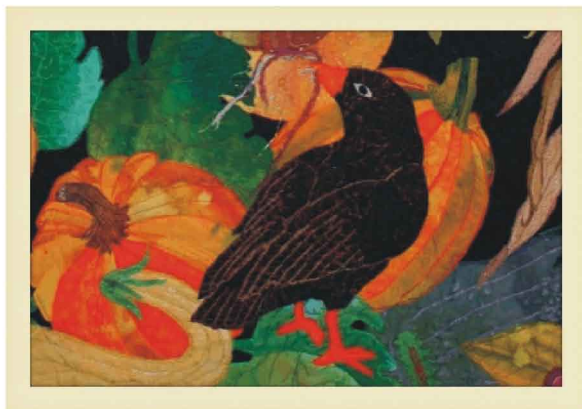
Quilt Shows

Blue Mountain Quilters' Guild "Quilts Galore", October 16-17 Saturday 10-5, Sunday 10 - 4 Montgomery Middle School, 1900 Edgewood Avenue (just south of Austin Ave) Coquitlam www.bluemountainquilters.ca

Pacific Spirit Quilters' Guild, April 30-May 1, 2011 Shriners' Hall, 3550 Wayburne Dr. Burnaby. Merchant Mall, Gift Shop, Tea Room. contact: Evelyn Gingrich at gingrichde@hotmail.com

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2010 / 2011 NQG Challenge

Both Challenge Kits will be for sale at the October meetings.

The Placemat kit will be available for \$0.50.

The Every Quilt Tells a Story kit will be \$5.00.

Buy one or buy both! There will be a limited number of kits, so first come first served. The kits will contain full instructions, and will be suitable for all levels of quilting experience. See me at the meeting. *Annelies Massey*

Safety First

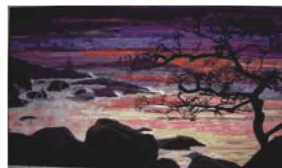
In the case of an emergency, all members are asked to vacate the building quickly, assisting those unable to do so, by using the closest of the three exit doors. Membership and Hostesses will take their paperwork. Once outside the building you are asked to muster at the far northwestern corner of the lot, closest to Tim Horton's. The THREE EXITS are:

ONE: Exit via steep cement stairs,

TWO: Exit next to the kitchen, along the hallway, and

THREE: Exit behind the Program table.

For SAFETY reasons it is important that you **SIGN IN** at each and every Guild meeting. Should it become necessary for you to leave prior to the conclusion of activities please also **SIGN OUT**.



Coreen Zerr
Quilt Designer
and Instructor

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Minutes of September 15 General Meeting

Meeting called to order at 1 pm by Kathy Bush (in Norma's absence) 105 Members and 8 Guests present.

Kathy welcomed everyone back to the Guild for 2010-2011. Norma is progressing well and hopes to be back for the November meeting. Until then Kathy will chair the afternoon meetings and Philippa Zapf the evening meetings. Thank you to Barb Root who was instrumental in getting everything up and running for this meeting. Barb has also been working very hard on revisions to the Constitution, By-Laws and Handbook. M/s acceptance of minutes of last meeting by Avril Valentine and Sandy Dobson, carried.

Correspondence: photo and thank you letter from the bursary winner, also a thank you from Barb Root for all the lovely fat quarters, and another note from a winner of a raffle quilt.

Hospitality: Ingrid Morton introduced 8 afternoon guests, and invited them to join our Guild. 5 of the 6 new visitors at the evening meetings signed up as members. The New Member's Tea will be November 25. (see p. 2) The executive are invited and expected to bring goodies.

Treasurer's Report: Carol Bailey went over the budget for this year. Since we are now incorporated as a new society, record keeping is different. M/s to accept the budget as presented by Avril Valentine and Coreen Zerr (afternoon), Judy Nelson and Marlene Jones (evening), carried.

Reminder that if you bring donation quilts to hold on to them for Show and Share before you give them to the committee.

Please ask any questions of anyone wearing "Ask Me" buttons.

Committee Reports: Reminder to give a WRITTEN copy of your report to the Secretary so she doesn't have to write down everything you say. Thanks from the Secretary.

Challenge: Annelies Massey has two challenges for this year. Info page 5.

Christmas Pot Luck: December 8, 2010 at Brechin Church. Games, prizes possibly a voluntary \$10 gift exchange. Church ladies have been booked to serve and Graham Gates will provide the music.

Donation Quilts: Judi McLaughlin invited members to take some of Fran Halsall's fabric and make a donation quilt.

Fabric Exchange: cancelled due to lack of interest

Food Bank: Norma Franks: contributions will be picked up by Loaves and Fishes on Thursday morning after our monthly meetings.

Historian: Marsha Whitmee, G.S.: Now have most of the Guild's newsletters except for few issues from 1988 and 1990-91. Thanks to Val Ursulak, the Guild's minutes are almost complete - still missing 1996-97 minutes. Photo Albums/Scrapbooks still to be sorted. We are starting to collect Guild memorabilia, newspaper/magazine articles, photos, etc. of Guild events, especially from the 1980's-90's. If anyone has some items, donations are welcome.

June Picnic - nothing to report yet.

Library: Linda Addison: Library books are taken out for one month and must be returned the following month.

Membership: Tracy Irwin: New members will get a different card for September, which will be replaced next month.

Placemats: Lori Skerget: Each member is encouraged to make 2 placemats during the year, 12" x 18" rectangle only. As of June 121 placemats were on hand. 79 of those were too small, too big or wrong shape. Wrong sized ones will be donated to Haven House and the Telephone Visiting Society.

Programme: Carol Rumo: workshops have been planned for the year (see p.1 & 2) Sign up for October's mini demos today.

Quilt Bee: Mickey Lemmon: sign up sheets are here for the Quilt Bee on January 29. More info in the future.

Quilt Show: Cathy Welte read the report, mentioning all the winners. Thanks to everyone who made the show such a success. A prize was given to Carol Rumo for selling the most tickets.

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Minutes continued from page 6

Raffles: Judi Moran: Thanks for the support from those who have donated raffle prizes. Money from raffle prizes goes back into the Guild. The Mystery fabric raises money for a bursary for a deserving textile fabrics student in SD#68. Two fat quarters are provided for the Show and Share contributors each month.

Trips and Retreats: Bonnie Dimitry: Homewood basic cost is \$190 plus \$69 for room with private bath. Balance must be paid at October meeting. Sisters Oregon - July 7-11, 2011. There are no spaces left for this trip. Please return your plastic name tag holders from the Quilt show.

Phoning Committee: needs 3 or 4 more people, phoning only done if a meeting must be cancelled due to weather.

Website: Avril Valentine: If you are concerned about privacy issues make sure you do not have your picture taken or be in any of the group photos.

New Business: Constitution and By-laws will be voted on at the October meeting. Please help yourself to any of the fabrics/books/patterns from Fran Halsell. A request from Travellers Lodge for two quilts for fundraising were donated from Donation Quilts. A request for a Tshirt quilt has been received from Gabrielle Bishop.

There were 8 entries in the Mug Tote Challenge, winners were Holly Wells, Lil, Marsha Whitmee and Penelope Woodwork

Marcia Miller has had her surgery, is doing well and expected home today. Show and Share followed. Meeting adjourned 3:20.

Photo: Avril Valentine

September Raffle Winners

Mystery fabric: Jeannine Karas and Anna Bonnell
Raffles: Wendie Harrington, A.K., Valerie Wilson, Vivian Scott, Fran Nicklom, Carol Bailey, Gail Lambourne, Lillian Dalton, J.R., Rosa Christenson, Bonnie Dormuth, Vicki Dods, Lynn de Clark, Laura Beswick, Carol Bailey
Door Prize: Morag Stevens and Deri Morris
Show and Share: Juanita Holland, Karen Hatton, Angela McKenzie
Block of the Month: Juanita Holland
Raffle donations were received from Lorie Rogers, L.M. and one unknown.



Some Donation quilts made from Shelly Fraser's fabric

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November Block of the Month

Congratulations to September's winner, Juanita Holland, who received 16 lovely schoolhouse blocks. Apologies to the afternoon meeting for the mix up, hopefully we have someone to set up the afternoon's display for October.

November's block is made in a cozy, smoky colour scheme and is called Dancing Pinwheel. We have chosen to make it using the simple methods of strip piecing and half-square triangles. Hope you have fun making it.

Remember, accuracy in cutting and piecing is important. All seams are 1/4". Block size is 12 1/2" x 12 1/2" (unfinished).

Fabric Choices:

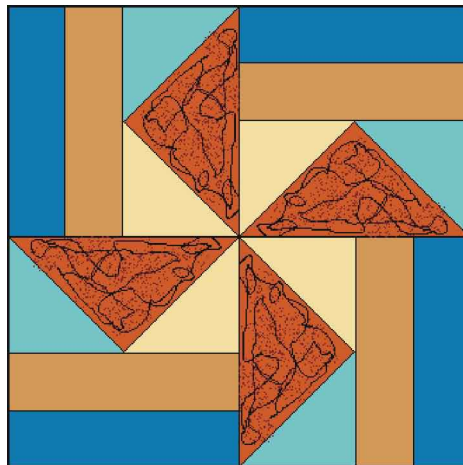
Choose a smoky or grayed palette for this month's fabrics. You will need a dark red, a cream, a tan, a light and a dark teal blue. We've added an extra 1/2" on the strips to allow for cutting.

Cutting:

Tan	1:	26 1/2" x 2"
Dark teal	1:	26 1/2" x 2"
Dark red	4:	3 7/8 x 3 7/8"
Cream	2:	3 7/8 x 3 7/8"
Light teal	2:	3 7/8 x 3 7/8"

Construction:

Sew the two long strips together. Cut



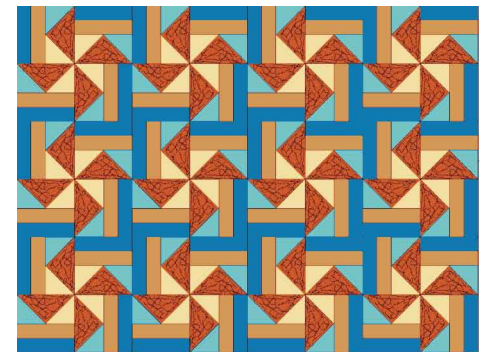
Block Layout for Dancing Pinwheel

into four 6 1/2" units. Press to teal.

Make half-square triangles using the eight 3 7/8" squares. Draw a pencil line diagonally (from corner to corner) on the wrong side of the cream and light teal squares. Place the cream and red squares right-sides together with marked side of the light fabric facing up. Stitch 1/4" away from the pencil line on either side of the line to join the squares along the diagonal. You will now have two parallel lines of stitching running diagonally across the squares. Cut along the pencil line and press seam allowance toward the red. Trim to 3 1/2" if necessary. Repeat for the light teal and

the other red squares. You should now have eight half-square triangle units. Using the sketch as a guide, arrange the strip units and the half-square triangle units on the table. Be sure that the cream triangles form a small pinwheel in the centre of the block. Join each cream/dark red half-square triangle unit to one light teal/ dark red unit sewing along the red edge. These "flying geese" units form the four arms of the pinwheel. Join the flying geese to the strip units sewing the tan strip to the light teal/ cream edges. Press to strips. Sew the four corner units together and press.

If you have any questions, suggestions or problems, please call me at 250-758-1185. Wishing you joy, *Val Ansell and Sandra Radley*



Sample Quilt Layout

Copyright

Do you need permission to use someone's photograph as the basis of a design for your quilt? Can someone publish a photo of your original quilt without your permission? Can you take pictures at a Quilt Show? Can you post those pictures in your own blog? Can you sell quilts made from a pattern? What if you are raffling it for a charitable purpose?

Here are two excellent sources online dealing with copyright:

Canadian Quilter article by Kathleen Bissett:
www.canadianquilter.com/members/publications.php

Kathleen Bissett's website:

Go to Kathleen's home page: www.kathleenbissett.com and click on the Workshops tab. On the Workshops page, scroll to the bottom and click on "Copyright Article".

It pays to be informed. Respecting copyright also respects the time and effort of the original designer.

Barb Round, CQA Costal BC Regional Representative



Mug bags at the September afternoon meeting

Photo: Avril Valentine



Information about Shingles

Shingles is a painful, blistering viral infection of the skin due to the reactivation of the same virus that caused Chicken Pox which most of us had as children. Once the initial episode of Chicken Pox has resolved the virus sits dormant in some nerve cells for years and even decades and is usually kept in check by our immune system. It is not known why the virus reactivates, but in Canada it is estimated that nearly one in three people will develop shingles in their lifetime and by age 85 one in two will have had shingles. A 2006 study found that those who consumed one serving or less of fresh fruit and vegetables per day had a risk three times greater as those who consumed more than three servings per day.

Signs & Symptoms: Early include the possibility of headache, fever, chills, malaise, upset stomach then commonly followed by a sensation of burning, itching, tingling and oversensitivity in the affected area. Within one or two days a reddish brown bumpy rash appears which can be similar to hives but is limited to the area of the nerve involved. It usually affects the trunk but can also be in other areas such as the eye or ear and always only on one side of the body. Later the rash is painful and forms small blisters which usually crust over in seven to ten days. While the blisters are open it is possible to spread the virus to a person who has no immunity (a person who has not had Chicken Pox or who has not been immunized) and they may develop Chicken Pox. The rash and pain usually subside within three to five weeks.

Diagnosis and Treatment: Diagnosis is usually easy due to the pattern and one sided location of the rash. Early diagnosis is extremely important as the use of prescription antiviral drugs started within 72 hours of the appearance of the characteristic rash has been shown to reduce the severity and duration of the attack. Analgesics: over the counter and/or prescription; calamine type lotions; cool moist compresses; Zostrix cream (after the blisters have crusted).

Prevention: The vaccine Zostavax is recommended for healthy adults 60 years of age and over and it has been shown to reduce the risk of developing Shingles by 50%. For more information about shingles and the Zostavax vaccine you should consult with your Family Doctor, or VIHA Travel Health Immunization Clinic or Healthlink BC (811 on your telephone). *Submitted by Holly Wells (R.N. Retired)*

Origin Retirement Home at Longwood have a meeting room with a craft table which could possibly be utilized by guild members or satellite groups. There is no charge for the room and coffee can be ordered at \$5.00 per urn.

Linda Miller is looking for a group who would welcome any Origin women residents to join in and possibly teach them some quilting skills. Contact her at 250-751-7755

Christmas Gift Bags

Thanks to everyone who is willing to make Christmas gift bags again this year for Nanaimo teens who normally don't have much of a Christmas. More information about the youth programs the bags will go to next month. Bags can be fabric or paper and should be a minimum of 8" by 11", marked male or female on the outside. Please bring them to our November meeting. Suggested items (check the dollar stores):

For Either: bar soap or body wash, toothbrushes, toothpaste, mouthwash, washcloths, nailclippers, socks, gloves, scarves, toques, small notebooks, pens, pencils, felt pens, wallets, gum, breath mints, candy, chocolate bars, stainless steel water bottles, bus passes, coupons or gift certificates for Tim Horton's, Subway, MacDonald's, A&W movies, public swimming pool and gym, etc.

Boys: hacky sacks, playing cards, deodorant, ear phones for walkmans, disposable razors, shaving cream, after shave

Girls: hair supplies, tampons or panty liners, makeup, nail polish, chapstick or lip gloss, perfume, bath things, costume jewelry, deodorant, skin care cream, body lotion, emery boards, disposable razors, shave cream, mirror, journals, small sewing kits



Any questions? Call Sue Creba 250-753-3371 or suecreba@aquariusd.com

Photo: Avril Valentine



Lori Skerget with some donated placemats



NANAIMO QUILTERS GUILD SCHEDULE for 2010-2011

DATE	AGENDA	PROGRAM
Oct. 15	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
Oct. 16	WORKSHOP 9-4	Art of Machine Quilting: Barb Shapel at Oliver Woods
Oct. 17	WORKSHOP 9-4	Thread Painting, 3 samplers: Barb Shapel at Oliver Woods
Oct. 20	Guild Meeting	Mini Demos
Nov. 8-12	Guild Retreat on Quadra Island	Info: Bonnie Dimitry bonitad@shaw.ca
Nov. 15	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
Nov. 17	Guild Meeting	Heather McArthur, Quilters Connection
Nov. 25	New Members Tea 1-4 p.m.	Barb Root's home, 10930 Sea Vista Road in Saltair
Dec. 6	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
Dec. 8	Guild Christmas Pot Luck 6-9 pm	Christmas Pot Luck meal at Brechin United Church
Jan. 10	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
Jan. 19	Guild Meeting	Buckingham Stencils
Jan. 29	QUILT BEE, Oliver Woods	Mickey Lemmon 741-0589 Dianne Ross 585-4965
Feb. 12	WORKSHOP 9-4 at Oliver Woods	Reversible Quilt as You Go: Penny Whittaker
Feb. 14	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
Feb. 16	Guild Meeting	Mini Demos: TBA
March 5	WORKSHOP 9-4 at Oliver Woods	Stack & Whack Kaleidoscope: Sandra Radley
March 14	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
March 16	Guild Meeting	Slide Show: Pippa Moore
April 9	WORKSHOP 9-4	Super Portfolio: Sue Creba & Tracy Irwin at Oliver Woods
April 11	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
April 20	Guild Meeting	Nominations, Trunk Show by Ionne McCauley
May 9	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
May 14&15	WORKSHOP 9-4	African Collage: Pippa Moore at Oliver Woods
May 18	Guild Meeting EVENING ONLY	Elections and business meeting, no program
June 4	WORKSHOP 9-4	Strip Piecing Made Easy: Coreen Zerr at Oliver Woods
June 5	WORKSHOP 9-4 at Oliver Woods	Easy Curved Piecing +Thread Embellishments: Coreen Zerr
June 13	Executive meeting	Country Grocer 82-12th Street 1:30 p.m.
June 15	Year End Picnic: Bowen Park	Potluck dinner and fun starting at 4 pm.
June 25	WORKSHOP 9-4 at Oliver Woods	Paint and Play with Coreen (Fabric Painting): Coreen Zerr

Sewing Tip

Placing an empty tissue box by the sewing machine is a convenient and disposable container for all of your cotton scraps, and bits and pieces of rubbish. *thanks to Gail Lambourne*

WE NEED YOU!

to take RESPONSIBILITY for YOUR PERSONAL PRIVACY CONCERNS. Please ensure you are NOT in any photos being taken. The Guild will do all in their power to RESPECT your PRIVACY CONCERNS but we do not know each member by face. We rely on your cooperation.



A TRIBUTE TO FRANCES HALSALL 1919-2010

Fran was a Founding Member of the Nanaimo Quilters' Guild. She was a devoted member, and was enthusiastic in all the Guild projects and endeavours. Fran helped make our raffle quilts, selling tickets, working at our Quilt Shows and contributing to our Boutique. She also enjoyed working at the Quilt Registries, looking at all the quilts coming in, hearing the stories behind them, especially the antique quilts.

Fran was a retired teacher from Quebec, a knowledgeable gardener, loved square-dancing, and had a table at the Duncan Christmas Chaos for many years.

Our Dogwood Quilters was formed in Ladysmith when Fran suggested our A.C.W. at St. John's Church could perhaps make a quilt as a fund-raiser. She became our mentor and we spent many happy hours over several years together. Fran loved going to Quilt Shows and we went to any that came our way. (I couldn't understand why she took her camera with her when I went to my first show! I soon learned!)

Fran had been in poor health the past few years and regretted missing any meeting. However, she was there for our 25th Celebration last year, which she enjoyed so much! Thank you Fran, for all you contributed to our Guild! You were a valued member and will be missed!

Submitted with respect and love by Rosa Christensen

Camp Homewood Quilting Retreat - Information Sheet

Welcome to the Nanaimo Quilters' Guild retreat at Camp Homewood on Quadra Island. You should know that this is a church camp, not the Best Western, so expect rustic, bunk house style accommodations. This year's rate is **\$190.00** which includes accommodation, meals, and taxes for four nights. A limited number of private rooms with double bed and shared washroom, or shared rooms with private bathrooms are available for an additional cost of \$69.00 per room. These rooms will be allocated on a first come, first served basis. There are 2 large rooms where we'll be sewing and dining, and once set up you won't have to move anything until we leave. It would be best if you form small groups - to car pool, share a room and common equipment such as rulers, cutting mats, and the like. Just as a word of caution, this lodge, although charming, is old and the rooms can get very smoky. If you suffer from allergies to mould, dust and/or smoke, you will probably be affected by this environment and should reconsider going on this retreat.

Stuff to Bring:

Bedding - flat sheets (there are single and double beds), pillows and warm blankets or a sleeping bag, a hot water bottle (if you get really cold),

Toiletries, towel, washcloth, soap, and a bathmat (we have some rubber shower mats for the common shower stalls), PJs, slippers and robe so you can sew in your jammies,

A clock and small, bedside lamp (if you want to read in bed) a flashlight and a night light - optional,

Appropriate clothing and footwear,

Sewing machine and all the necessary sewing supplies (the quilt shop on Quadra is closed),

Task lamp, an extension cord and power bar are absolutely necessary,

Ironing boards and irons will be shared - don't bring one unless you are specifically asked to,

Several projects to work on,

Your guild name tag, and please put your name on all your equipment (all our stuff looks the same),

Sewing chair if there is room in your vehicle- optional, if not, bring a cushion to sit on,

Something (s) to donate to the silent auction (and cash to spend on it) - the money raised from this event is given to the camp as a thank you gift, one metre of "ugly fabric" (read, good fabric which you no longer love) for the challenge, and several WOF 2 ½" strips for games night,

Don't forget your medications, and anything else you really need to make yourself comfortable.

Let us know if you have any dietary concerns - **allergies, diabetic, vegetarian**. We will inform the camp staff and they will try to accommodate your needs, but if these are very restrictive, you may want to bring something from home. Please remember, this is a church camp, so don't bring any alcohol.

Getting There:

Driving north to Campbell River on the #19 Hwy, turn right onto the South Campbell River/Jubilee Parkway exit and drive until you reach Hwy #19A (second light after turning). Turn left, and take the Oceanside route to the city centre. Watch for the signs to the Quadra Ferry. Turn right at the 3rd stop light after turning onto Hwy #19A. The ferry terminal entrance is on the right, about 50 M after turning at the light. The ferry leaves once an hour generally on the half hour and returns on the hour. On Quadra, continue up the main road leaving the ferry. After about ½ KM turn right at the stop sign, onto Heriot Bay Road. Then 200 M up Heriot Bay Rd (just pass the elementary school), turn left onto West Rd. The RCMP detachment will be on the right, immediately after the turn. Travel on West Rd for 4.5 KM and turn left at the large Homewood sign. Continue on the gravel road until you reach the paved road, the lodge is on your left.

Here are some web sites to check out: www.homewood.bc.ca and www.bcferries.com